

VALLEY SOUTHWOODS
FRESHMAN HIGH
SCHOOL CAMPUS

35th Street

Fuller Road

35th Street

TRANSITION

FINISH

Fuller Road

Hy-Vee Kids Dry-Tri

Age Groups 5 to 6 and 7 to 8

- 200 meter run
- 1.2K bike
- 200 meter run

Age Groups 9 to 10 and 11 to 12

- 400 meter run
- 2.5K bike
- 400 meter run